**Immediate Dentures**

**Immediate dentures have been suggested as the best alternative for you**



**This information is intended to help you to understand the concept, processes and benefits of an Immediate Denture. It will explain what immediate Denture are, how they are made and what is involved. Remember that dentures are a replacement for no teeth, NOT a replacement for teeth.**

You've been advised by your dentist to have an Immediate Denture. But what is it and how is it done? This information will help to explain the concepts and clear up many of the questi0ons you might have regarding this type of denture.

What is an Immediate Denture?

Let's explain what an immediate is by using an example. Suppose, for instance, that you have eight (8) remaining upper teeth. These teeth are, unfortunately, poor and cannot be used in any way to support a new denture. If you were to have a traditional denture made, it would be necessary to have all these teeth extracted first, the bone and gums would have to heal and then a denture could be made.

This process could take several months, if not longer, and for that time period you would have to go around without any teeth. As an alternative to having you go around toothless while the gums heal, we utilize an Immediate Denture technique.

**How is it done?**

This involves taking impressions of your mouth while your teeth are still present. Models of your mouth are then produced. Your DP can then do simulated extractions on the models and place the denture teeth as close as you require to your natural setting and correct many things about tooth position that you may not be happy with a present.

When your teeth are extracted, your new denture is ready to be inserted by your dentist. In this way, you never have to walk around without teeth.

**What will it look like?**

Since your DP is unable to try in the wax replica denture prior to extracting your teeth, certain esthetic compromises may have to be made. This should not present any significant problem

however and your esthetic result should be more than satisfactory, Discuss any concerns you may have about appearance with your DP.

**Adapting to Immediate Dentures**

It is very important that you follow the post-operative instructions of your dentist and DP very carefully. Your follow up appointment is very important. You must wear your new immediate denture for there (3) day or such time as your dentist instructs you, after the surgery without removing it. This will help to control the swelling and bleeding

You must follow the oral hygiene instructions provided by your Dentist and GP. This will usually included frequent rinsing of the mouth with salty water. This helps control harmful bacteria thereby encouraging healing of the gums.

In order to compensate for the rapid change that occurs during healing, a **temporary** denture lining may be used to adapt the fit surface of the denture to their present size and shape of the supportive tissues. The duration of the effectiveness of the lining depends upon when the lining is done and the degree of shrinkage in your mouth. Your DP will advise you of the fee cost for this service.

There may be other adjustments to the denture that are necessary to help keep them comfortable during the healing period. You should consult your DP if you are experiencing soreness. Experience shows that soreness is the greatest handicap to denture comfort and tolerance.

**Maintaining Immediate Dentures**

Once healing has occurred, after 4 to 6 months, you will either need a reline of your immediate denture or the fabrication of an entirely new denture.

If a new one is to be made, your DP will then be able to make any esthetic and phonetic changes that you want within the limits of the denture prosthodontics. If a new denture is to be made, you will then be able to use the immediate denture as a spare (emergency) denture. This can sure come in handy if your new denture should break and need to be repaired.

Failure to reline an immediate denture may allow hyperplasic tissue to grow around the denture.

Ask your DP for an estimate of costs to reline or remake your denture once your mouth has healed at 4 to 6 months post extraction. If you have any questions or require further information regarding Immediate Dentures, Phone or ask at your DP next appointment.

Your DP can restore your smile and ensure that the cause of soreness is removed, but only you have ability to preserve with your new denture and adapt to eating and speaking with dentures.